



## Green Salad with Walnuts

### Ingredients

- 4 Cups Organic California Salad Greens
- 6 Cherry and Yellow Grape Tomatoes (sliced in half)
- 4 Toasted Walnut Halves
- 1 Tbsp Golden Seedless Raisins
- 1/4 Red onion sliced thinly
- 2 Tbsp Goat or Sheep Feta Cheese (crumbled)
- 1/4 Avocado (cut in small cubes 1/2 oz.)

### Dressing

- 1/2 tsp Honey
- 1 tsp Balsamic Vinegar
- 1 tsp Orange Juice (fresh squeezed)
- 1 tsp Extra Virgin Olive Oil

### Preparation

Place salad ingredients into a bowl and toss. Mix dressing ingredients and pour over salad.

**Serves: 1**

**Serving Size: Whole Recipe**

### Nutrition Facts (per serving)

<b>Calories</b>	<b>289</b>
Fat (g)	17
Saturated Fat (g)	3.5
Cholesterol (mg)	6
Sodium (mg)	117
Carbohydrate (g)	31
Fiber (g)	8
Protein (g)	10
Calcium (mg)	82

